

## About us

Disability Can Do is a user led charity which empowers and enables disabled adults and carers.

We provide our client group with a voice in order to improve their quality of life.

The organisation raises awareness of the needs of disabled adults and carers in order to campaign for better service provision and changes in policy.

## Give Something Back..

### Volunteer your time....

The organisation relies on the goodwill and hard work of volunteers to deliver our key services. If you have some spare time and would like to join our team please get in touch.

### Provide us with feedback....

We continuously seek to make improvements to our service.

We want you to tell us what we do well and what we need to change in order to keep providing an effective service for our client group.

### Make a donation....

We rely on donations to keep our services running. All donations are welcome regardless of size!

## How to contact us?

### The Disability CAN DO Organisation

1 Bryn Lane  
Pontllanfraith  
Blackwood  
NP12 2PG

**01495 233550**

### Email enquiries to:

[advocacypa@disabilitycando.org.uk](mailto:advocacypa@disabilitycando.org.uk)



[www.disabilitycando.org.uk](http://www.disabilitycando.org.uk)



Charity number:1126797

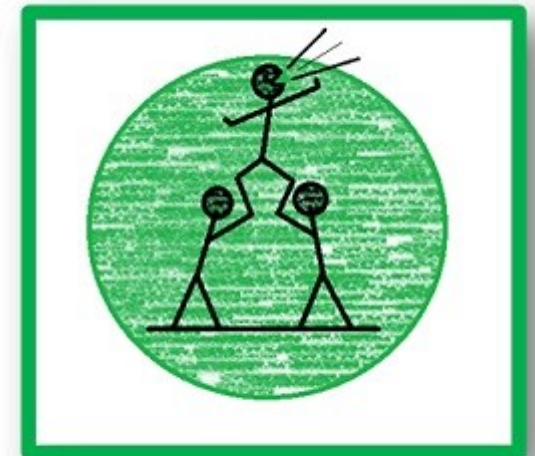
Please get in touch if you would like this leaflet in an alternative format



**Disability CAN DO Organisation**  
Empowering and Enabling  
Disabled Adults and Carers



# Advocacy Service



**Breaking down the barriers together**

## What is Advocacy?

**Advocacy is taking action to help you say what you want, secure your rights, represent your interests and obtain services you need.**

**Advocates and advocacy schemes work in partnership with the people they support and take their side.**

**Advocacy promotes social inclusion, equality and social justice.**

**Your personal contact is:**

## Our Advocacy Services

**Disability Can Do provides free and independent advocacy support services to disabled adults and their carers living within the Caerphilly County Borough. We can assist you with both short and long term issues via our professional advocate or through our volunteer led Citizen Advocacy scheme.**

### **What we offer:**

- A confidential one to one partnership with a trained advocate.
- Someone to listen to you and support you in exercising your rights, choices and interests.
- Someone to gather and present the information you need to make informed choices.
  - Someone to ensure that your views and needs are heard, respected and acted upon.
- Non-instructed advocacy to individuals with limited capacity.
  - A weekly in-patient advocacy service for individuals admitted to Ysbty Ystrad Fawr.

### **Who we can help:**

- Disabled adults within the Caerphilly County Borough.
- Carers within the Caerphilly County Borough.

The Advocacy team operates an open referral service which is accessible to both members of the public and professionals. Please see overleaf for contact details.

Disability Can Do can also offer support with other issues such as benefits or housing.