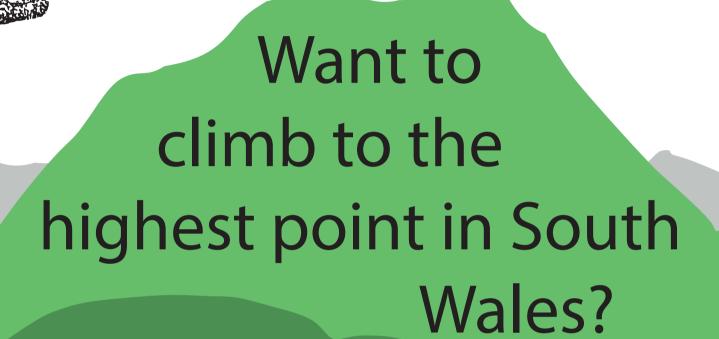


## Saturday 15th July



Help us raise much needed funds for Disability Can Do

## SIGN UP TODAY!

The Disability Can Do Trek will be 4 mile (6.4km) guided round trip walk encompassing the peak of Pen y Fan. The walk will be raising much needed funds for Disability Can Do. All money raised will help us deliver much needed services for disabled adults and their carers in South Wales. Entry fee/minimum sponsorship is £15.00. Groups of 4 can sign up for £13 per person. Please inform us prior to the event if you intend to bring a dog. We encourage everyone to get sponsorship and there will be prizes for the individuals and group that raise the most money. Walk starts at 10.30am on Saturday 15th July 2017 (weather permitting) Meeting point and other travel arrangements will be announced closer to the date. You will receive a medal for completing the walk and t-shirts will be available to buy before and after the event.